



EnAbility's GAIT ASSESSMENT & INTERVENTION TOOLBOX (G.A.I.T.)

Patient Id : Maya

Onset of Injury/Illness :

Diagnosis :

Patient Age :

Assessment Date :

Observed Side : Right

Walking Aid : Crutches

Gait Intervals	Foot	Ankle	Knee	Hip	Pelvis	Trunk
Swing	Foot / Toe Drag	Excessive Plantarflexion	Insufficient Flexion	Insufficient Flexion	Pelvic Hiking	Forward Lean
		Contralateral Vaulting	Excessive Flexion (Steppage Gait)	Circumduction	Insufficient Forward Rotation	Backward Lean
Stance Phase	Forefoot Contact	Insufficient Plantarflexion	Insufficient Flexion		Excessive Forward Rotation	Right Lean
	Foot-flat Contact	Excessive Dorsiflexion	Hyperextension		Insufficient Backward Rotation	Left Lean
	Foot Slap	Insufficient Dorsiflexion	Varus : Slight		Excessive Backward Rotation	Restricted Trunk Rotation
	Early Heel Rise	Inversion : Moderate	Valgus : Slight		Contralateral Drop	
	Delayed Heel Rise	Eversion : Excessive	Stiff Knee		Excessive Anterior Tilt	
		Stiff ankle...	Unstable Knee		Restricted Pelvic Movement	

Temporal-Spatial Gait Parameters	Step Length:	Step Width :	Stance Time	Arm Swing :	Toe Angle :
	LEFT > RIGHT	Narrow	RIGHT > LEFT	RIGHT > LEFT	TOE In

INTERVENTION FOCUS	PATIENT GOAL	TREATIMENT GOAL	NOTES
Balance / Stability			
Equality / Symmetry		New treatment for the patient	New goal for patients
Energy Consumption...			