



EnAbility 's QUICK GAIT ASSESSMENT (G.A.I.T.)

Assessment ID : new

Observed Side : Right

Walking Aid : Walker

| GAIT PHASES | Foot | Ankle | Knee | Hip | Pelvis | Trunk |
|--------------|---|--|--|--|--|--|
| Stance Phase | Forefoot Contact Foot-flat Contact Foot Slap Early Heel Rise | Excessive Plantarflexion Insufficient Plantarflexion Excessive Dorsiflexion Insufficient Dorsiflexion Inversion Eversion... | Excessive Flexion Insufficient Flexion Hyperextension Varus : Moderate Valgus Stiff Knee... | Insufficient Flexion Insufficient Extension Excessive External Rotation Abduction : Moderate Adduction : Moderate Internal Rotation | Excessive Forward Rotation Excessive Backward Rotation Excessive Anterior Tilt | Forward Lean Backward Lean Left Lean |
| Swing | Foot / Toe Drag | Contralateral Vaulting | Insufficient Extension | Circumduction | Insufficient Forward Rotation | Backward Lean |

| | | | | | |
|-------------------------------------|--------------|--------------|--------------|--------------|-------------|
| Temporal-Spatial Gait Parameters | Step Length: | Step Width : | Stance Time | Arm Swing : | Toe Angle : |
| | Symmetric | Normal | LEFT > RIGHT | RIGHT > LEFT | TOE Out |

| INTERVENTION FOCUS | PATIENT GOAL | TREATIMENT GOAL | NOTES |
|---|--------------|-----------------|---------|
| Balance / Stability Equality / Symmetry Energy Consumption... | | New way | New hjd |