



EnAbility's GAIT ASSESSMENT & INTERVENTION TOOLBOX (G.A.I.T.)

Patient Id :

Onset of Injury/Illness :

Diagnosis :

Patient Age :

Assessment Date :

Observed Side :

Walking Aid :

| Gait Intervals | Foot | Ankle | Knee | Hip | Pelvis | Trunk |
|----------------|-----------------|--|---|---------------|---|-----------------------------|
| Swing | Foot / Toe Drag | Excessive Plantarflexion | Excessive Flexion (Steppage Gait) Insufficient Extension | Circumduction | Insufficient Forward Rotation | Backward Lean Left Lean |
| Stance Phase | Foot Slap | Excessive Plantarflexion Insufficient Plantarflexion Inversion : Moderate Stiff ankle | Excessive Flexion Varus : Moderate Stiff Knee | | Insufficient Forward Rotation Excessive Forward Rotation | Backward Lean Right Lean |

| | | | | | |
|----------------------------------|--------------|--------------|--------------|--------------|-------------|
| Temporal-Spatial Gait Parameters | Step Length: | Step Width : | Stance Time | Arm Swing : | Toe Angle : |
| | RIGHT > LEFT | Wide | LEFT > RIGHT | LEFT > RIGHT | TOE Out |

| INTERVENTION FOCUS | PATIENT GOAL | TREATIMENT GOAL | NOTES |
|--------------------|--------------|-----------------|-------|
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